

Acrobatic Arts Exams are focused on developing motivation, building goal setting skills, accountability and perfecting technique.



“Technique is simply the ability to do the same thing twice, and to do it without hurting oneself. Because of its very nature, dance careers are very short even in the best of circumstances. Dance injuries shorten careers even more, and are already common enough among highly trained professionals — in a steady dance job with a steady performance schedule, without solid technique you’ll last a few years at best; at worst you’ll last a day. **Technique is a necessity, not a luxury.** Skimping is not an option.”

RICK TJIA  
*Former Artistic Talent  
Scout and Choreographer  
Cirque Du Soleil*



[AcrobaticArts.com](http://AcrobaticArts.com)

Contact your division manager about exams:

GLOBAL HEAD OFFICE

[Admin@AcrobaticArts.com](mailto:Admin@AcrobaticArts.com)

UNITED KINGDOM

EUROPE, SOUTH AFRICA

[UK@AcrobaticArts.com](mailto:UK@AcrobaticArts.com)



STUDENT  
EXAMS

**ACROBATIC ARTS**  
CREATING THE WORLD'S MOST  
TRUSTED ACRO PROGRAMS



## MOTIVATING DANCERS

Acrobatic Arts Exams provide motivation and accountability while promoting the highest standards of excellence in acrobatic technique!

## OBJECTIVE RESULTS

- Students are marked against a worldwide standard; dancers, teachers and parents receive results that are objective and universal.
- Teachers have the opportunity to meet with our professional examiners and receive valuable feedback on the studio's AcroDance programming and progress.
- Dancers are required to master all 5 areas of AcroDance: Flexibility, Strength, Balancing, Limbering and Tumbling, in order to move to the next level. This creates well balanced bodies that can execute skills on both the right and the left, promoting healthy development in dancers who are less prone to injury.

**Acrobatic Arts - Level 6**

Name: Peyton Mingle  
Candidate Number: 1  
Age: 11

Facility	Pass	Good	Excellent
1. Pre-split lift (2 inches) - over standing			
2. Pre-split lift (2 inches) - over standing			
3. Pre-split lift (2 inches) - over standing			
4. Pre-split lift (2 inches) - over standing			
5. Pre-split lift (2 inches) - over standing			
6. Pre-split lift (2 inches) - over standing			

**Comments:**  
How Peyton you are a stronger dancer. This was evident in your last lift and strength was evident in your last lift in both and elements. Keep working hard in ballet and technique classes. I would love to see you work on your use of breath and relaxing into the moment and having fun. You have so much natural ability. Hard work will help you reach your goals. I cannot wait to see you in a few years.

125 Total Score  
Excellent Grade  
Adjudicator's Signature: [Signature]



"Thank you so much for the way you have structured your exams and make the dancers feel more relaxed. Every single child came out smiling and saying it wasn't scary, that they had fun, which is ultimately what it is all about for us."

TRICIA OGG  
Australia

"I was unsure about whether to have exams, but as we do it with our other genres of dance I thought we ought to give it a go. I now know that we will carry on offering (Acrobatic Arts) exams at our school as it was a valuable experience for both myself and the students."

HANNAH HARRISON  
United Kingdom

